

Rules of the Trek

Please read through the rules carefully and have each trekker sign the Rules Agreement Form.

Handcarts

- Only 2 persons pulling on the handcart handle (more can pull from the rope and many more can push from behind)
- No sitting on or riding in handcart
- Please do not drop the handcart handle when resting or stopping
- One handcart at a time up hills and down steep terrain.
- Balance your load - keep the majority of the weight over the wheels' axel
- Do not carve anything into the handcarts (your name, your family name, etc.)
- NO RUNNING
- **No going barefoot and no open toed shoes**

We recognize that regular wear and tear is going to occur during the trek, but any damage caused to the handcarts beyond regular use will result in a repair fee. This fee will be charged to the entire group. Please take care of these replicas as though they were your own.

Campsites

- Tent camping only, must bring own tents
- All campers must camp in designated areas with their families
- Campfires are permitted in the fire rings provided – these must be extinguished before going to bed. We follow seasonal orders of the State Fire Marshall.
- Please use firewood provided, no firewood collecting is permitted (Fire restrictions may apply)
- No bathing, brushing teeth or washing (dishes) in the rivers, streams or standing water
- Stay off the fences
- Stay on main trails in the campsites to keep the impact on the area to a minimum
- Place all garbage and waste in designated bags or cans
- All human waste must be hauled out in the porta-potties – please do not dig holes and bury waste.

Portable Toilets (restrooms)

- **Please do not put trash in the toilets** – only human waste, toilet paper. Brown bags and garbage bags are provided to dispose of feminine hygiene products properly. (Extra charges due to neglect of this policy will be forwarded to the Company)
- No vandalism or graffiti on the interior or exterior
- Leave them cleaner than you found them – wipe the seat with the sanitizer provided and pick up any toilet paper from the floor.

General Rules

- Do not leave the group, wait until everyone is ready to trek.
- Use the buddy system – do not go anywhere all alone.
- Do not feed the wildlife, pick flowers, or wander off the designated trail.
- Do not climb on rocks or destroy natural habitat.
- Do not drink water from creek.
- Leave snakes alone! Report snake sightings to leadership.

Rules Agreement Form



American West Heritage Center
4025 S. Hwy 89-91
Wellsville, Utah 84339
435-245-6050
<http://www.awhc.org>

I, _____ have read over all the rules in regards to the American West Heritage Center's *Willie Handcart Experiences* and fully understand and agree to abide by these rules. I understand that my failure to do so may terminate my opportunity to complete the trek.

Signature of participant

Date

Signature of parent or legal guardian
(If participant is under age 18)

Date

Parent or Legal Guardian's Printed Name